



Kankakee Area YMCA Walker (Large) Pool Schedule August 25 - 31, 2025



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (4 lanes) 7:00-8:00 am	
					Water Exercise & Lap Swim (1 lane) 8:00-9:00am	
Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Aqua Strength Lap Swim (1 Lane) 8:15 - 9:15am	Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Aqua Strength Lap Swim (1 Lane) 8:15 - 9:15am	Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Open Swim (3 lane) Lap Swim (3 lane) 9:05am - 4:00pm	
Open Swim (3 lane) Lap Swim (3 lanes) 9:05am-10:00am	Open Swim (2 lane) Lap Swim (2 lanes) 9:20am-10:30am	Open Swim (2 lane) Lap Swim (2 lanes) 9:05am-10:30am	Open Swim (2 lane) Lap Swim (2 lanes) 9:20am-10:30am	Open Swim (2 lane) Lap Swim (2 lanes) 9:05am-10:30am		
Open Swim (3 lane) Lap Swim (3 lanes) 10:35 - 12:25pm	Open Swim (3 lane) Lap Swim (3 lanes) 10:35 - 12:25pm	Open Swim (3 lane) Lap Swim (3 lanes) 10:35 - 12:25pm	Open Swim (3 lane) Lap Swim (3 lanes) 10:35 - 12:25pm	Open Swim (3 lane) Lap Swim (3 lanes) 10:35 - 12:25pm		
Aqua Mix & Lap Swim (2 lanes) 12:30 - 1:15pm	Twinges & Lap Swim (1 lanes) 12:30 - 1:30pm	Aqua Mix & Lap Swim (2 lanes) 12:30 - 1:15pm	Twinges & Lap Swim (1 lanes) 12:30 - 1:30pm	Aqua Mix & Lap Swim (2 lanes) 12:30 - 1:15pm		
Open swim Lap Swim (3 lanes) 1:20 - 2:55PM	Open swim Lap Swim (3 lanes) 1:35 - 5:25PM	Open swim Lap Swim (3 lanes) 1:20 - 2:55PM	Open swim Lap Swim (3 lanes) 1:35 - 5:25PM	Open swim Lap Swim (3 lanes) 1:20 - 2:55PM	Week of August 25th Pool stairs will not be available until IDPH inspects and approves in person.	
Open swim Lap Swim (3 lanes) 3:00 - 5:25PM BMHS ST (1 lane) 3:00 - 5PM		Open swim Lap Swim (3 lanes) 3:00 - 5:25PM BMHS ST (1 lane) 3:00 - 5PM		Open swim Lap Swim (3 lanes) BMHS ST (1 lane) 3:00- 4:30PM		
Swim Team Clinic Open Swim Lap Swim (1 lane) 5:30 - 7:30PM	Swim Team Clinic Lap Swim (1 lanes) 5:30 - 7:30PM Aqua X 5:45 - 6:30PM	Swim Team Clinic Open Swim Lap Swim (1 lane) 5:30 - 7:30PM	Swim Team Clinic Open Swim Lap Swim (1 lanes) 5:30 - 7:30PM	Open Swim Lap Swim (3 Lane) 4:35 - 7:00PM	Lap lanes will only be available during designated times. Please observe lap lane etiquette: if 3 or more people are wishing to swim laps, circle swimming will need to be observed. During open swim, children under the age of 13 years must have an adult present in the facility. Children under 7 years, or in need of assistive flotation, must have an adult in the water with them within arms distance, all others comfortable in the water may swim. All swimmers must shower in the locker room prior to entering the pool.	
Open Swim Lap Swim (3 lane) 7:35 - 8:30PM	Open Swim Lap Swim (3 lane) 7:35 - 8:30PM	Open Swim Lap Swim (3 lane) 7:35 - 8:30PM	Open Swim Lap Swim (3 lane) 7:35 - 8:30PM			
Legend: Blue = Lap Swim Red = Open Swim Green = Aqua Fitness Purple = Rentals Black = Swim Lessons/Swim Team						
This schedule was last updated on 8/22/2025. Pool schedule may change for programming needs.						

Our Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

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